

Prenatal Massage Intake Form

Date: ____ / ____ / ____

Name: _____ Birthday: ____ / ____ / ____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Work: _____ Cell: _____

Email: _____

Date of first massage appointment: ____ / ____ / ____

Expected due date: ____ / ____ / ____

Number of pregnancies: _____ Number of births: _____

Pre-natal care provider: _____

Have you ever experienced a therapeutic massage before? _____

Have you experienced pregnancy massage before? _____

Are you currently taking any medications? _____ If so, what are they?

Have you taken any medications prior to this pregnancy?

Do you currently have any areas of discomfort?

Do you have any past injuries or surgeries that I should know about?

What is your current occupation? _____

Does it involve long periods of (please check all that apply):

☐ sitting / ☐ standing / ☐ computer terminal work / ☐ telephone work / ☐ other

When do you plan to begin maternity leave? ____ / ____ / ____

Do you have any history of: (please check all that apply):

☐ high blood pressure

☐ low blood pressure

☐ morning sickness/nausea

☐ heartburn

☐ edema

☐ varicose veins

☐ pre-term labor

☐ thyroid problems

☐ headaches

☐ constipation

☐ diarrhea

☐ hemorrhoids

☐ sinus congestion

I do hereby understand that the services offered are not a substitute for medical care, and any information provided by the therapist is for educational purposes only. I understand that the information herein is to aid the therapist in giving better service and is completely confidential.

Client Signature

Date